

## SELF-ASSESSMENT PROMPTS THAT ADDRESS YOUR FEELINGS ABOUT THE WORK

	Describe	Develop, Justify, and Analyze	Relate to Other Aspects of Your Work	Translate Into Concepts
<b>Thinking about achievement</b>	What were the fun bits in your learning?	Why were the fun bits fun?	How do you feel when you achieve your goals?	Think about the many feelings you have about your work. Use colors or drawings to represent at least one of these feelings.
<b>Looking for evidence</b>	What surprised you about your learning?	Why were you surprised about your learning today?	What other feelings do you have about this work?	How can you generate some specific feelings about your word, such as empathy or curiosity?
<b>Working with other people</b>	How does working with others make you feel?	Why does cooperative learning make you feel the way you do about it?	How can you ensure your group has positive feelings about your work together?	Compare the feelings of other members of your group with your own.
<b>Overcoming barriers</b>	How do you feel when the work gets tricky?	How do you feel when you have solved a problem?	What problems do you have to solve about how you feel when the work gets tough?	What was the most difficult part of discussing your feelings about the task, and how did you deal with this?
<b>Reframing the task</b>	What would make you feel better about today's work?	How could changes in today's work help you feel better about it?	How can you feel more in control in your work at school?	What other positive feelings would you like to generate in future work?